

*Redemption Psychotherapy*  
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### General Client Information

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Date: \_\_\_\_\_

Client Name: \_\_\_\_\_ SSN: \_\_\_\_-\_\_\_\_-\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Gender:  Male  Female Ethnicity \_\_\_\_\_

Home Address: \_\_\_\_\_  
Street

\_\_\_\_\_ City State Zip

Email: \_\_\_\_\_ May we leave a message?  Yes  No

Home Phone Number \_\_\_\_\_ May we leave a message?  Yes  No

Work Phone Number \_\_\_\_\_ May we leave a message?  Yes  No

Cell Phone Number \_\_\_\_\_ May we leave a message?  Yes  No

Preferred Communication:  Email  Home  Work  Cell

HIPAA Agreement was provided (sign here): \_\_\_\_\_

### Referral Source

Who referred you to our office, or how did you learn about our practice? \_\_\_\_\_

### Emergency Contact Information

In case of an emergency, who should we contact?

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### History Information

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Who is providing the history information?  The patient  The patient's guardian  
 Other: \_\_\_\_\_

Please describe the current complaint or problem or reason for appointment as specifically as you can, in your own words: \_\_\_\_\_  
\_\_\_\_\_

How long have you experienced this problem, or when did you first notice it? \_\_\_\_\_

What stressors may have contributed to the current complaint or problem? \_\_\_\_\_  
\_\_\_\_\_

**Check all words/phrases that describe what you are experiencing and explain if possible.**

- Depression/sad/down \_\_\_\_\_
- High/Low energy level \_\_\_\_\_
- Angry/Irritable \_\_\_\_\_
- Loss of interest in activities \_\_\_\_\_
- Difficulty enjoying things \_\_\_\_\_
- Crying spells \_\_\_\_\_
- Decreased motivation \_\_\_\_\_
- Withdrawing from people \_\_\_\_\_
- Mood Swings \_\_\_\_\_
- Change in weight or appetite \_\_\_\_\_
- Suicidal thoughts or plans \_\_\_\_\_
- Poor concentration \_\_\_\_\_
- Feelings of hopelessness \_\_\_\_\_
- Feelings of shame or guilt \_\_\_\_\_
- Feelings of being cheated \_\_\_\_\_
- Feelings of inadequacy \_\_\_\_\_
- Anxious/nervous/tense \_\_\_\_\_
- Panic attacks \_\_\_\_\_
- Racing or scrambled thoughts \_\_\_\_\_
- Bad or unwanted thoughts \_\_\_\_\_
- Flashbacks \_\_\_\_\_
- Muscle tensions, aches, etc. \_\_\_\_\_
- Hearing voices \_\_\_\_\_
- Seeing things \_\_\_\_\_
- Thoughts of hurting people \_\_\_\_\_
- Thoughts of running away \_\_\_\_\_
- People are out to get me or hurt me \_\_\_\_\_
- Feelings of frustration \_\_\_\_\_
- Indecisiveness about career \_\_\_\_\_
- Job problems \_\_\_\_\_
- Sleep problems \_\_\_\_\_
- Other \_\_\_\_\_

Are you currently experiencing thoughts of harming either yourself or someone else?     Yes    No

Have you in the past experienced thoughts of harming either yourself or some one else?    Yes    No

### Coordination of Care

It is important for your health care providers to speak to each other so we may work together for your benefit. Please complete the information and indicate your approval for us to coordinate care.

Primary Care Physician: \_\_\_\_\_ Ph: \_\_\_\_\_

Psychiatrist/Psychologist/Therapist: \_\_\_\_\_ Ph: \_\_\_\_\_

May we contact your Physician:  Yes  No  I Do not have a physician

May we contact your Psychiatrist:  Yes  No  I Do not have a Psychiatrist

May we contact your Psychologist/Therapist:  Yes  No  I Do not have a Psychologist/Therapist

### Treatment History

Previous Outpatient counseling and/or psychotherapy?  Yes  No

Additional Information: \_\_\_\_\_

Previous Psychiatric hospital admissions?  Yes  No

Additional Information: \_\_\_\_\_

Previous Chemical dependency admissions:  Yes  No

Additional Information: \_\_\_\_\_

Suicide attempts:  Yes  No How & When? \_\_\_\_\_

### **List any current, or past, medications**

Medication & Dose	Date	Response
_____	_____	_____
_____	_____	_____
_____	_____	_____

### Medical History

Are you aware of any difficulties or complications during the time your mother was pregnant with you?

Yes  No If yes, explain: \_\_\_\_\_

Are you aware of any difficulties or complications surrounding your birth?

Yes  No If yes, explain: \_\_\_\_\_

History of serious childhood illnesses: \_\_\_\_\_

Other health concerns, illnesses, conditions, or surgeries during your life time:

\_\_\_\_\_

Have you experienced any head injuries?  Yes  No Important Details: \_\_\_\_\_

If yes, did you lose consciousness?  Yes  No

Have you experienced convulsions or seizures?  Yes  No If yes, did you also have a fever?  Yes  No

Allergies:  None  Allergic to : \_\_\_\_\_

How would you rate your current physical health?  Excellent  Very Good  Good

Fair  Poor  Very Poor

What was the date of your last physical or routine health "check up?" \_\_\_\_\_

**Family History**

Birth Location \_\_\_\_\_ Raised by:  Mother  Father  Step-Mother  Step-Father  
 Other: \_\_\_\_\_

Parents' Marital Status:  Married  Separated  Divorced  Remarried, mother and/or father  Never Married

Describe your relationship with parent figures: (good, fair, poor, close, distant, etc)

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Other: \_\_\_\_\_

Other: \_\_\_\_\_

List your siblings and describe your relationship with them?

First Name	Age	Gender	Nature of Relationship
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Any history of neglect, and/or physical, verbal, emotional, spiritual, or sexual abuse? (Please explain)

\_\_\_\_\_  
\_\_\_\_\_

Any family history of substance abuse, mental illness, suicide, or violence? \_\_\_\_\_

Any additional family information: \_\_\_\_\_

\_\_\_\_\_

**Social History**

Describe your relationship with peers and/or friends. \_\_\_\_\_

How would you describe your social support network? \_\_\_\_\_

Describe your hobbies/interests: \_\_\_\_\_

Have you ever had concerns about being too "shy" or "timid"; or too "rambunctious" or "loud" socially? \_\_\_\_\_

Describe any cultural concerns: \_\_\_\_\_

Do you identify with a particular religious/spiritual tradition?  Yes  No If yes, which? \_\_\_\_\_

How important are religious/spiritual issues to you?  Not Important  Average Importance  Very Important

Do you wish to integrate religious/spiritual material (prayer, scripture, etc.) as part of treatment?  Yes  No

**Educational History**

When attending school, were you:  In regular classes  Home Study  Special classes

Ever suspended, yes for what reasons: \_\_\_\_\_

What is the highest educational level you have completed? \_\_\_\_\_

Give any additional important educational information (i.e. Did you like school?): \_\_\_\_\_

\_\_\_\_\_

**Occupational History**

What is your current employment status?  Employed Full-Time  Employed Part-time  Unemployed  
 Self-employed  Student

If employed, who is your employer? \_\_\_\_\_ What is your position: \_\_\_\_\_

How would you describe your job satisfaction:  Poor  Fair  Good  Great

How would you describe your job performance:  Poor  Fair  Good  Great

What type of employment or training have you had previous to your current occupation? \_\_\_\_\_

**Marital History**

Which best describes your marital status?  Married, Date: \_\_\_\_\_  Never Married  Widowed, Date: \_\_\_\_\_  
 Separated, Date: \_\_\_\_\_  Divorced, Date: \_\_\_\_\_

If you are married please briefly describe nature of your marital relationship: \_\_\_\_\_

If you are married, which best describes your marital satisfaction?  Poor  Fair  Good  Great

Please list any previous marriages/significant relationships including current:

First Name	Dates	Nature of Relationship
_____	_____	_____
_____	_____	_____
_____	_____	_____

Do you have children?  Yes  No If yes, complete the following?

First Name	Age	Gender	Nature of Relationship
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Are there presently any child custody issues involving you or your family?  Yes  No

**Substance Use History**

Are you currently using any of the following: alcohol, tobacco, marijuana, caffeine, or other?  Yes  No

If yes, please list quantity/frequency of use: \_\_\_\_\_

Have you ever tried to cut down on your drinking or drug use?  Yes  No  Not Applicable

Are you annoyed when people ask you about your drinking or drug use?  Yes  No  Not Applicable

Do you ever feel guilty about your drinking or drug use?  Yes  No  Not Applicable

Do you ever take a morning eye-opener of drink or drug?  Yes  No  Not Applicable

**Legal & Military History**

Are you presently, or have you previously served in the military?  Yes  No

Do you currently have any pending criminal charges?  Yes  No

Have you ever been convicted of a crime?  Yes  No: If yes explain: \_\_\_\_\_

Does your family currently have Division of Family Services Involvement?  Yes  No

If yes please complete the following:

DFS Case Worker's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Additional Information**

Summarize your goals for counseling/therapy: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Is there any additional information that you believe it is important for your therapist to know in order to provide you with the best care possible? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature of client or guardian

\_\_\_\_\_  
Date